

PRE AND POST -smelan

# PRE-COSMELAN DEPIGMENTATION TREATMENT:

- DO avoid any chemical peel or laser procedures 14 days prior to treatment with Cosmelan.
- E Refrain from waxing or the use of other depilatory products for 7 days prior to treatment.

#### POST COSMELAN DEPIGMENTATION TREATMENT:

- ☑ Always avoid sun exposure as much as possible.
- Do NOT get another treatment or procedure (including peels, facials, or microdermabrasion) on the treated area for 30 days following.

While maintaining on Cosmelan 2, discontinue its use for 5 days prior to waxing, and do not restart treatment until 3 days after waxing. Threading can be done normally.

## DAY 1

- $\blacksquare$  Wash off mask at designated time given by provider with gentle soap and water.
- ☑ Apply Hydravital Factor K cream to treatment area overnight.

## DAY 2

- ☑ Apply Hydravital Factor K cream.
- $\blacksquare$  Then apply sunscreen during the day.

#### DAY 3-30

- ☑ Start Cosmelan 2, apply in morning and evening.
- Apply Hydravital Factor K cream 15 minutes after Cosmelan 2.
- $\square$  Apply sunscreen last (in the morning).
- ☑ Schedule your 1 month follow up treatment to be done in office.

### MONTH 2-6

- Apply Cosmelan 2 once a day in the evening.
- Apply Hydravital Factor K cream 15 minutes after Cosmelan 2.
- ☑ Apply sunscreen every morning.

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the clinic for assistance.